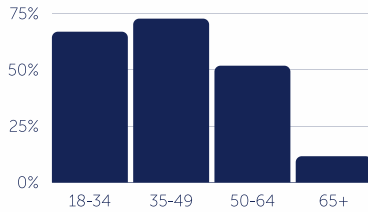


Smoking Cessation in the SKCC Catchment Area



5 out of every 10

residents reported smoking at least 100 cigarettes in their lifetime



Ages 35 to 49 have the highest rate of current smoker status

Vaping and e-cigarette

use is highest among youth ages 18-34; this group also believes that

vaping is less harmful

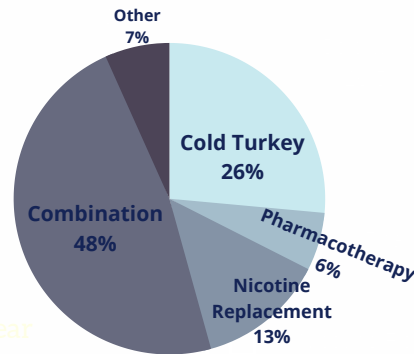
than smoking cigarettes



Highest rates of smoking found in:

- Males
- White individuals
- Individuals with lower levels of education

A combination of cessation therapies is the most frequently used approach to quit smoking.



Jefferson's Smoking Cessation Counseling & Therapy Program (SCCT)

Provides individualized, evidence-based interventions for tobacco dependence including:

- Comprehensive assessment
- One-on-one counseling
- Personalized treatment & medication

For more information or to enroll, please call 215-955-6996



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Want more information?

Please email SKCCOutreach@Jefferson.edu